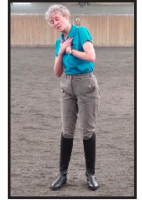




1. DO THE LEAN AND ROTATE EXERCISE IN A CHAIR

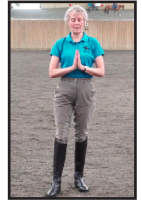


ON YOUR HORSE

2. ARE YOUR CHIN & ZIPPER OVER THE MANE?

Do they curve or lean:

- Right
 Left



3. DO YOU HAVE EQUAL WEIGHT IN EACH SEAT BONE?

Is it:

- 50-50
 60-40
 80-20



4. DO YOU HAVE EQUAL CONTACT ON YOUR INSIDE THIGHS WITH THE SADDLE?

- Yes
 No



5. ARE THE KNOBBLES ON THE INSIDE OF YOUR KNEE LEVEL (AS IF THEY HAD A BAR BETWEEN THEM)?

6. DO YOU HAVE EQUAL WEIGHT IN BOTH FEET?

- Does one go more heels down, forward?
 Does one go tip-toes, foot back?

7. DO YOU HAVE EQUAL LENGTH STIRRUPS?

